

Eucharistic Adoration

Catholics believe that Jesus is truly present--body, blood, soul and divinity--in the Blessed Sacrament. Therefore, adoration of the Blessed Sacrament is an excellent opportunity for many types of prayer. Prayers of thanksgiving, prayers of petition (especially for our parish, for religious vocations, for peace, for our families), prayers of reparation or atonement for sin (both personal and societal), and prayers of praise and adoration are important and humbling before Christ present in the Eucharist. The quiet of the church in the presence of the Lord is also an escape from the noise of the world, and it is very conducive to prayer. Eucharistic adoration is a wonderful source of grace in our lives.

Time and Place:

Eucharistic adoration is held at St. Francis Borgia-South on Mondays from 8:30 a.m. - 7:00 p.m. The recitation of the rosary takes place during the last hour. There must be at least two people present in the church, as the exposed Eucharist can never be left alone. You can sign up for a regular hour, or as a substitute, or just come when you can. A sign-in sheet is provided at the entrance.

Additional Information:

All are welcome; all people are invited to come and pray. Eucharistic adoration is something Catholics (and the occasional non-Catholic) can easily do.

A consecrated Host is placed in the beautiful monstrance on the altar. This makes the real presence of Jesus more visible than being hidden in the tabernacle. When the Blessed Sacrament is exposed, it is respectful to genuflect on both knees (or one knee) when entering or leaving the pew. You may quietly pray, read scripture, say a rosary, meditate on the life of Jesus Christ, or use some of the prayer materials provided. Enjoy your time spent in the presence of Christ!

"The Church and the world have a great need for Eucharistic worship. Jesus awaits us in this sacrament of love. Let us not refuse the time to go to meet Him in adoration, in contemplation full of faith, and open to making amends for the serious offenses and crimes of the world. Let our adoration never cease." (Pope John Paul II in "Dominicae cenae")

"To visit the Blessed Sacrament is...a proof of gratitude, an expression of love, and a duty of adoration toward Christ our Lord." (Pope Paul VI in "Mysterium Fidei")

For more information or to sign up:

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***There are different gifts but the same Spirit... (1 Corinthians 12:3).
Please share your gifts!***